How to use your TRUEresult® blood glucose meter

What you need to test your blood glucose

Your starter kit includes the following:

- Blood glucose meter
- CR20323 volt coin battery
- Vial of test strips
- Control solution
- Lancing device
- Lancets
- Log book
- Manual

Before you start

- You may need to set the date and time on the meter the first time you use it.
- Wash your hands with warm water and dry them completely.
- Check dates on test strip vial being used. Do not use if 3 months after opening or after the date printed on vial.
- With meter off, insert test strip contact end (TRUEtest facing up) into test port. Meter will turn on.
- Please note: Coding is not required with this meter

Getting your test results

Step 1: Get a blood sample

- Use your lancing device and new lancet to get a drop of blood from your fingertip.
- Some people find that getting a blood sample from the side of their fingertip, rather than the top, makes it easier to apply the blood to the test strip.

Step 2: Apply blood to strip

- With strip in meter, touch test strip tip to blood drop and hold.
- Allow blood to be drawn into strip until meter beeps.
- If meter does not beep or begin testing after touching blood drop to strip sample tip, discard strip. Repeat test with new strip and new blood drop.

Step 3: Read the result

- Dashes will appear across display to show meter is testing.
- After testing is finished, result will display on the screen in about 4 seconds.

After you test

- The strip release button will flash.
- Hold the meter over a waste can with the strip side pointing down.
- Press strip release button to discard strip. Meter will turn off.
- Result will store in memory with day, date, and time.

Please note: Removing strip before result displays cancels the test. An error message will appear and the result will not be stored in memory.

If you have any questions or concerns, contact Nipro Diagnostics at 1-800-803-6025. Artwork is courtesy of Nipro Diagnostics, Inc.

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