



Clinical Perspectives of Transgender and Non-binary Health Care

Friday, January 19, 2018
Meydenbauer Center, Bellevue, Wash.

About the Course

Gender health is a fast-growing field impacting primary care, specialty care, and behavioral health. This CME offers the best clinical practices in transgender and non-binary health for providers who are new to the field as well as those with more clinical experience. Concurrent lectures will focus on foundations of gender-affirming care and on new topics, such as genderqueer and non-binary identity. The goal is to build clinical skills and make the course as pertinent to each attendee's clinical experience as possible, giving participants new and diverse professional tools.

Target Audience

Primary care and specialty providers, physician assistants, ARNPs, and other medical staff who provide clinical care for the gender community of patients.

Track 1: Fundamentals of Gender Health

Track 2: Advanced Gender Care

7:30 a.m. Registration and Refreshments

8:00 - 8:15 Introduction and Course Overview - Colin Fields, MD

8:15 - 9:00 Past as Prologue: Gender and Health in the 21st Century - Marsha C. Botzer, MA

9:00 - 10:00 Behavioral Health: WPATH standards, letters, consents - Ben Balderson, PhD, Alissa Arsenault, MA, NCC

9:00 - 10:00 Clinical Pathways and Standards of Care - Colin Fields, MD

10:00 - 10:15 Break

10:15 - 11:15 Transition Protocols: Adolescents - Gina Sucato, MD

10:15 - 11:15 Serving Our Non-binary and Genderqueer Patients - Sand Chang, PhD

11:15 - 12:15 Transition Protocols: Adult - Colin Fields, MD

11:15 - 12:15 Fertility Preservation in Gender Health Care - Gina Sucato, MD, MPH, Simon Ellis, CNM

12:15 - 1:15 Lunch

1:15 - 2:15 Transgender Primary Care - Colin Fields, MD

1:15 - 2:15 Transgender and Gender-Nonconforming Elders: Living Life with Dignity - Linda Gromko, MD

2:15 - 3:15 Chest Reconstruction - E. Antonio Mangubat, MD

2:15 - 3:15 Pre/Post Op Care - Toby R. Meltzer, MD

3:15 - 3:30 Break

3:30 - 4:30 Gender-Affirming Bottom Surgery - Toby R. Meltzer, MD

3:30 - 4:30 Complex Cases - Sand Chang, PhD, Annie Gayman, MD, Andrea Hoopes, MD, Katy Schousen, MD

4:30 - 5:00 Closing Statements - Colin Fields, MD

5:00 p.m. Adjournment



Gender Odyssey Seattle

Kaiser Foundation Health Plan of Washington provides sponsorship for this international conference, which focuses on the needs and interests of transgender and gender-diverse people, their loved ones, and the professionals who serve them.

Visit the web page for 2018 conferences.
www.genderodyssey.org

Objectives

At the end of this educational activity participants will be able to:

- Identify four historically grounded areas of competence required for basic best practice.
- Restate WPATH and KP guidelines for mental health assessments for gender affirmation medical transitioning (e.g., pre-surgical psychological evaluations).
- Apply standard work and clinical pathways for transgender and gender non conforming patients at KP Washington.
- Recommend options for puberty suppression hormones and provide consultation on the role of the integrated care team in addressing the needs of adolescents and families who are considering and/or pursuing gender-affirming care.
- Recognize the limitations of the gender-binary model in serving all transgender and gender nonconforming patients, expand notions of how health care can serve non-binary and genderqueer patients, and debunk myths about non-binary transition-related medical care.
- Employ the use of informed consent and manage labs, medications, and follow-up for gender-affirming transition in transgender men and transgender women.
- Counsel gender care patients on fertility considerations and options for fertility preservation.
- Evaluate and manage the preventive care needs of transmasculine and transfeminine adults in primary care.
- Describe three areas of significant disparity between the trans elder community and elders in general, and list three important end-of-life concerns for trans elders.
- Discuss what to expect from, and common complications of, chest and other plastic surgeries for feminization and masculinization.
- Identify the screening needs for hormone therapy and pre-, peri-, and post-operative care.
- Improve the evaluation and management of complex cases and complications experienced by transgender patients.
- Summarize the transgender population's unique health care needs and barriers to their care.



Accreditation & Disclosure

Kaiser Permanente is accredited by the Washington State Medical Association to provide continuing medical education for physicians.

Kaiser Permanente designates this live activity for a maximum of 7.5 *AMA PRA Category 1 Credit(s)*™.

This activity meets the criteria for up to 7.5 hours of Category I CME credit to satisfy the relicensure requirements of the Washington State Medical Quality Assurance Commission.

Individuals listed have disclosed that their participation/presentation includes no promotion of any commercial products or services, they do not have any financial relationships with a commercial interest, and they do not anticipate discussing any off-label uses of a product.



Marsha C. Botzer, MA (pronouns: she, her, hers)
Founder, Ingersoll Gender Center, Seattle, WA

Marsha Botzer, MA, has served the lesbian, gay, bisexual, transgender and progressive communities for over 40 years in a wide range of capacities. She is a founder or founding member of Equality Washington, Equal Rights Washington, Out In Front Leadership Project, and Seattle's internationally known Ingersoll Gender Center. Marsha has co-chaired Seattle's LGBT Commission as well as the National LGBTQ Task Force. She also served as a national co-chair of the 2008 Obama Pride Campaign, and has sat on the boards of the Pride Foundation, Safe Schools, Lambert House, Seattle Counseling Service, and the World Professional Association for Transgender Health.

Marsha has received numerous awards and honors for her work, including the Jose Julio Sarria Civil Rights Award, the Washington State LGBT Bar Association Award, and, most recently, the William O. Douglass Award from the American Civil Liberties Union of Washington.



Sand Chang, PhD (pronouns: they, them, their/s)
Psychotherapist and Gender Therapist/Specialist, Oakland, CA

Sand Chang, PhD, is a Chinese American genderqueer/non-binary/genderfluid-identified psychologist, educator, and trainer. They currently work for Kaiser Permanente Northern California in designing clinical and cultural competence education programs for transgender health; they also maintain a private practice in Oakland, CA, specializing in trauma and EMDR, addictions, relationships, and healing work with marginalized communities, particularly people affected by the intersections of racism, homophobia, and transphobia. Sand served on the task force that authored the 2015 APA Guidelines for Psychological Practice with Transgender and Gender Nonconforming Clients and is the past chair of the APA Committee on Sexual Orientation and Gender Diversity (CSOGD). Outside of their professional work, Sand is a dancer, musician, avid foodie, and small dog enthusiast.



Linda Gromko, MD (pronouns: she, her, hers)
Family Practice Physician and founder of Queen Anne Medical Assoc., PLLC, Seattle, WA; Author

Linda Gromko, MD, is a board-certified family physician who has practiced in Seattle for 27 years. She has treated transgender clients—from ages 6 through 83—over the past 19 years. Having assisted her late husband in home dialysis, Dr. Gromko has a personal interest in living with chronic illness. She has authored four books, including "Where's MY Book?" A Guide for Transgender Youth, Their Parents, & Everyone Else."



E. Antonio Mangubat, MD (pronouns: he, him, his)
Cosmetic Surgeon, La Belle Vie Cosmetic, Seattle, WA

Dr. Mangubat, a native of Seattle, graduated from the University of Washington Medical School, studied surgery at the University of Kentucky, and trained in cosmetic surgery with Dr. Richard C. Webster, a legend in the field of cosmetic surgery. He performs a full spectrum of cosmetic procedures—including many trans-procedures—and is dedicated to serving the needs of the trans community. He lectures worldwide on body sculpting procedures and is a leader and teacher amongst his peers. Dr. Mangubat is a former trustee of the AACS and chairman of the AACS Education Committee, and current chairman of the American Board of Cosmetic Surgery Review Course. His full resume can be found at LaBelleVieCosmetic.com.



Toby R. Meltzer, MD (pronouns: he, him, his)
Plastic Surgeon, The Meltzer Clinic, PC, Scottsdale, AZ

Dr. Toby Meltzer graduated from LSU Medical School in 1983 and is board certified in both general and plastic surgery. He followed his surgical residencies with a burn fellowship at Detroit Receiving Hospital. Dr. Meltzer performs approximately 200 genital surgery cases per year—both MtF and FtM—with procedures including genital, facial feminization, breast augmentation, masculinization facial surgery, chest surgery, repairs/revisions, and body contouring. He has practiced in Scottsdale, AZ, since 2003, where he has privileges at Honor Health Care and performs most of his cases at the Greenbaum Specialty Hospital. His past positions include Chief of the Division of Plastic Surgery at the VAMC, and as Assistant Professor of Plastic and Reconstructive Surgery at Oregon Health Sciences University. An active member of the American Society of Plastic Surgeons, Dr. Meltzer is also a reviewer for the Journal of Plastic and Reconstructive Surgery, the Journal of Sexual Medicine, and the Aesthetic Surgery Journal.

Washington Permanente Medical Group - Gender Health Champions

The following providers are committed to working across disciplines to deliver high-quality, evidence-based, gender-affirming care to all patients on the gender health continuum.

Alissa Arsenault, MA, NCC (pronouns: they, them, their/s)
 Licensed Mental Health Counselor, Behavioral Health Services
 Kaiser Permanente Washington



Benjamin Balderson, PhD (pronouns: he, him, his)
 Psychologist, Behavioral Health Services
 Washington Permanente Medical Group
 Research Associate, Kaiser Permanente Washington Health Research Institute

Simon Ellis, CNM (pronouns: he, him, his, they, them, their/s)
 Midwifery, Capitol Hill Medical Center
 Washington Permanente Medical Group



Colin Fields, MD (pronouns: he, him, his)
 Planning Committee and Course Chair
 Medical Director, Gender Health Program
 Family Medicine, Capitol Hill Family Health Center
 Washington Permanente Medical Group

Annie Gayman, MD (pronouns: she, her, hers)
 Family Medicine, Capitol Hill Family Health Center
 Washington Permanente Medical Group



Andrea Hoopes, MD, MPH (pronouns: she, her, hers)
 Adolescent Medicine/Pediatrics, Tacoma South and Silverdale Medical Centers
 Washington Permanente Medical Group

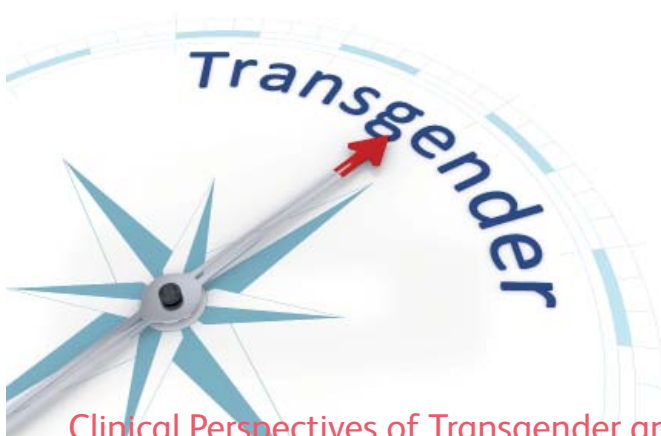
Katy Schousen, MD (pronouns: she, her, hers)
 Resident, Family Medicine Residency Program
 Kaiser Permanente Washington



Gina Sucato, MD, MPH (pronouns: she, her, hers)
 Medical Director, Adolescent Center
 Adolescent Medicine, Gender Health Program
 Factoria Medical Center, Washington Permanente Medical Group
 Clinical Associate Professor of Pediatrics and Adolescent Medicine
 University of Washington

Planning Committee Members

- Maria Cárdenas-Anson - Manager, Clinical Knowledge Development & Support, Kaiser Permanente
- Colin Fields, MD - Medical Director, Gender Health; Family Medicine, Washington Permanente Medical Group
- Pat Philbin - Manager, Gender Health & HIV Program, Kaiser Permanente
- Gina Sucato, MD, MPH - Medical Director, Adolescent Center; Adolescent Medicine, Gender Health Program, Washington Permanente Medical Group
- Amy Zern - Administrative Specialist, Gender Health & HIV Program, Kaiser Permanente



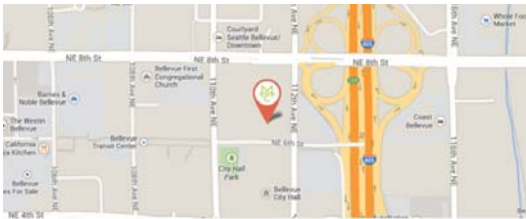
Location & Registration

Location

Meydenbauer Center

11100 NE 6th St.
Bellevue, WA 98004

[Parking and Directions](#)



Upcoming KPWA CME Activities



<https://cmetracker.net/GHC/Catalog>



Gastroenterology for Primary Care
Friday, November 10, 2017
Cedarbrook Lodge, Tukwila



Best Approaches to Best Practices
Monday, April 23 - Thursday, April 26, 2018
Sheraton Maui Resort & Spa, Maui, Hawaii

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Friday, January 19, 2018

Meydenbauer Center, Bellevue, Wash.

Tuition: KPWA Medical Staff: \$215 Medical Staff (non KPWA): \$245
 Locum Tenens, ARNPs, Nursing, MLT/MSW, Other: \$200
 Community Clinic 501(c)(3), Residents: \$195

Register online using our secure registration and payment site.
If you prefer to pay over the phone, please call 206-326-3934.

[Click Here to Register Online](#)

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The Office of Continuing Medical Education must receive telephone or written notification of your cancellation at least 14 days before the first day of the course. A \$35 processing fee will be deducted from refund requests received. Cancellation requests received within 14 days of a course will be given a partial refund equal to half of the tuition fee. No refunds will be issued following the beginning date of the course. The CME Office exercises the right to conduct its courses based on meeting a minimum enrollment and reserves the right to cancel this course 30 days prior to the course date. If this course is cancelled, each registrant will be notified and given a full refund. Kaiser Permanente is not responsible for any travel costs incurred, including cancellation penalties.

For more information contact

Maria Cárdenas-Anson

e-mail: cardenasanson.m@ghc.org

phone: 206-326-2084 (330-2084), fax: 206-877-0714

Kaiser Permanente Continuing Medical Education, 201 16th Ave. E, CWB-3, Seattle, WA 98112

Visit <https://cmetracker.net/GHC/Catalog> to view and register for upcoming activities.